

Date: 8/6/25

PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu
September 22 - 26, 2025

	Monday 9/22	Tuesday 9/23	Wednesday 9/24	Thursday 9/25	Friday 9/26
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Deluxe Cereal Bowl V	Turkey Sausage Danish	Buttery Maple Waffle V	Morning Beef Sausage Sandwich	Morning Magic Bagel V
Fruit	Fresh Fruit	Fresh Fruit	Peachy Peaches	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	-	-	-	Strawberry Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Breaded Chicken Nuggets	Mac N Cheese V	Cafe LA Burger OR Cafe LA Cheeseburger	Toasted Cheese Sandwich V	Beef Teriyaki Dippers & Carrot Rice Bowl
Vegetable	Berry Berry Blue Slush	Romaine Mix Salad	Roasted Potato Wedges	Paradise Punch Vegetable Juice	<i>Carrots in Entree</i>
Fruit	Fresh Fruit	Frozen Strawberry Cup	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	BBQ Sauce, Ketchup	Ranch	Ketchup, Mayo, Mustard	-	-
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers	Belvita Cinnamon Crackers	Food & Nutrition Crackers Cheese Plank	Cheez-It Crackers	Food & Nutrition Crackers
Milk (6 oz) OR Meat/Meat Alt	Milk	Peach Yogurt 4 oz. V	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Milk (6 oz.). However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

Deluxe Cereal Bowl

Cinnamon Toast Crunch	Honey Cheerios
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Fresh Fruit: Options below can be used any time in place of canned or frozen fruit cup/slushes.

Apple	Apple Slices, Red	Banana - Do not order on Mondays	Pear, Bartlett
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